



Integral Yoga Natural Foods

| | | | | | |
|---------------------------|--------|--|---------------|-------------|----------|
| Last Name (Write Below) | | First Name (Write Below) | | Middle Name | |
| | | | | | |
| Address | Number | Street | City | State | Zip Code |
| | | | | | |
| Telephone Number | | | Email Address | | |
| Date of Birth (Optional): | | How Did you Learn About Us? (Circle One) | | | |
| Date of Application: | | Cville Weekly Friend Self –Inquiry | | | |
| | | Craigslist Other _____ | | | |

| | |
|--|--|
| Please Note: Starting Pay for Entry Level Positions is \$14/hour | |
| If you are under 18 years of age, can you provide required proof of your eligibility to work? ___Yes___No ___I am over 18 years of age | |
| Have you ever filed an application with our store before? ___Yes ___No If yes, please give date: | |
| Have you ever been employed here before, or with this organization? ___Yes ___No If yes, please give dates:_____ | |
| Do any of your friends or relatives work here? ___Yes ___No If yes, please state name and relationship:_____ | |
| Are you currently employed? ___Yes ___No If yes, may we contact your employer? ___Yes ___No | |
| Are you prevented from lawfully becoming employed in this country because of Visa or Immigration Status? Yes No | |

Please Write Any Times You are **NOT** Available For Each Day of the Week Below

(If your availability changes you must submit any changes in writing for approval.)

Monday: _____ Tuesday _____

Wednesday _____ Thursday _____

Friday _____ Saturday _____

Sunday _____ (Attach a separate page if you need more space)

How many shifts (days) per week do you want to work? (1-5) _____

Part-time: (32 hours or less) _____ Full-time (32-40 hours): _____

How Long Do You Intend to Work Here? Earliest start date?

If you are still in school, are you planning to return next semester? __Yes __No

If yes, do you plan to reduce your work hours when you return? __Yes __No

Do you have reliable transportation? ____Yes ____No

Some of the positions require heavy lifting.

Are you able to routinely lift 25- 50lbs? __Yes __No

Have you ever been convicted of a felony? ____Yes ____No If Yes, Please Explain:

What position are you applying for?

___Grocery Stocker/Cashier ___Produce Stocker ___ Management

___Deli/Chees/Juice Bar ___Data Entry ___Accounting

___Buyer ___Supplements ___Any Position Available

| EDUCATION | | | | |
|-----------------------|----------------|-----------------|----------------|--------|
| School | Name of School | Course of Study | Year Completed | Degree |
| High School | | | | |
| Undergraduate College | | | | |
| Graduate | | | | |
| Other (Specify) | | | | |

Work Experience (Begin with your present or most recent job)

Employer:

Address:

Telephone Number:

Starting/Present Job Title:

Supervisor:

Reason for Leaving:

May We Contact? Yes No Dates Employed from _____ to _____

Starting Rate/ Salary: _____ Final Rate/Salary: _____

Work Performed:

Employer:

Address:

Telephone Number:

Starting/Ending Job Title:

Supervisor:

Reason for Leaving:

May We Contact? Yes No Dates Employed from _____ to _____

Starting Rate/ Salary: _____ Final Rate/Salary: _____

Work Performed:

| | | | |
|---|--------------|-------------------|------------|
| Employer: | | | |
| Address: | | | |
| Telephone Number: | | | |
| Starting/Ending Job Title: | | | |
| Supervisor: | | | |
| Reason for Leaving: | | | |
| May We Contact? <input type="checkbox"/> Yes <input type="checkbox"/> No Dates Employed from _____ to _____ | | | |
| Starting Rate/ Salary: _____ Final Rate/Salary: _____ | | | |
| Work Performed: | | | |
| Employer: | | | |
| Address: | | | |
| Telephone Number: | | | |
| Starting/Ending Job Title: | | | |
| Supervisor: | | | |
| Reason for Leaving: | | | |
| May We Contact? <input type="checkbox"/> Yes <input type="checkbox"/> No Dates Employed from _____ to _____ | | | |
| Starting Rate/ Salary: _____ Final Rate/Salary: _____ | | | |
| Work Performed: | | | |
| Have you ever been in the military? <input type="checkbox"/> Yes <input type="checkbox"/> No | | | |
| Personal/Professional References (Do not include family members or past supervisors) | | | |
| Name | Phone Number | Best Time To Call | Occupation |
| 1. | | | |
| 2. | | | |
| 3. | | | |

Why do you want to work for Integral Yoga Natural Foods?

What experience do you have with natural foods and supplements (personally or professionally)?

Describe any specialized training, apprenticeships, skills or extra-curricular activities.

What would you contribute to Integral Yoga as an employee?

What do you think your responsibilities towards a job are?

Do you have any career objectives? How would they be satisfied here?